



December 3, 2019

Dear Friends,

This has been an exciting year of growth at Journey Counseling Ministries! We've welcomed two new counselors to our team, strengthened relationships with 14 local churches, added another office to our home in Harrisonburg, and provided nearly \$13,000 in financial assistance to clients who can't afford the full cost of counseling. We're eager to continue this growth and participate faithfully in the healing journeys of members of our community, but we need help to do this.

The heart of Journey's work takes place in meetings with clients. The newest members of our team expand the areas where we can offer help. [Ally Padilla](#) enjoys working with adolescents, college students, individuals, and groups facing a variety of clinical issues. [Rachel Eanes](#) works with women and children around the issues of grief and loss, trauma, and emotional healing. For more on Ally and Rachel, and for details on our entire team of compassionate, highly skilled counselors, please visit the [Journey website](#).

From the beginning, Journey has pursued its counseling ministry in partnership with the local church. We currently have relationships with 14 local churches and are eager to expand this network. Our counselors serve area churches with seminars on topics such as anxiety, domestic violence awareness, and how to love and minister to LGBT communities and individuals.

As our staff has grown, we've taken advantage of the opportunity to add an additional office to our home at 139 North Liberty Street in Harrisonburg. We've customized the space to make it ideal for counseling sessions with children and families. Please drop by for a visit!

Because counseling is expensive, Journey has always relied on contributions from friends of the ministry to offer financial assistance to clients who can't cover the full cost of counseling. Since we opened our doors in 2008, we've provided more than \$46,000 in client assistance. This past year alone, our new Student Assistance Program provided \$8,750 of assistance to 44 college students who sought counseling but couldn't afford it.

If you're drawn to our vision of helping members of our community thrive through biblically based, clinically trained counseling, would you please consider contributing to Journey? **Our goal is to raise \$10,000 to support client assistance and general operating expenses.**

Please visit our website at www.journeycounselingministries.org to make an online donation or send your donation to Journey Counseling at P.O. Box 14, Dayton, VA 22821. Journey Counseling Ministries is a 501(c)3 not-for-profit organization, and your donation may be tax-deductible. Thank you for your interest in Journey and for considering supporting us in this way.

Sincerely,

Two handwritten signatures in black ink. The first signature is "Sarah" and the second is "Andrew".

Sarah DeBoer (Clinical Director) and Andrew Witmer (Chair, Board of Directors)